

CENTRE FOR SLEEP

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PATIENT REFERRAL FORM

(*Once your referral form is submitted, patients will be contacted directly for appointments) SURNAME: GIVEN NAME(S): SEX: \square M \square F ADDRESS: City Province PERSONAL HEALTH CARE #: DATE OF BIRTH: Month (please spell out)

Day

Year (YYYY) HOME PHONE: CELL PHONE: EMAIL ADDRESS: OCCUPATION: REFERRED BY: MD PRACID: ADDRESS: City Province Postal Code FAMILY PHYSICIAN PHONE: FAX: (if different from Referring Physician): ADDITIONAL INFORMATION: PRIMARY SLEEP CONCERNS (MANDATORY - Check all that apply): Movement Disorders: Safety Sensitive Occupation: ☐ Obstructive Sleep Apnea (Snoring) ☐ Restless Legs Syndrome ☐ Professional Driver ☐ Periodic Limb Movement Disorder ☐ Insomnia (Non-Restorative ☐ Airline Pilot/Flight Staff Sleep) ☐ Sleep Bruxism ☐ Railroad Engineer/Conductor ☐ Other, specify: ☐ Excessive Daytime Sleepiness Parasomnia: ☐ Emergency First Responder (includes Narcolepsy) (EMS/Police/Fire) ☐ Sleepwalking/Night Terrors ☐ Shift Work/Jet Lag/Delayed ☐ Doctor / Nurse ☐ Violent behavior in sleep Sleep Phase ☐ Oilfield Worker ☐ Nightmares ☐ Athlete ☐ Other, specify: ☐ Other, specify: CURRENT MEDICATIONS / ADDITIONAL MEDICAL INFORMATION: FOR OFFICE USE ONLY Triage: